

# Form for Proposed Rule Changes

10 October 2006

**TITLE OF NEW RULE:**

*4x400m Relay may be an athlete's 5<sup>th</sup> event at regular meets.*

**EXISTING RULE (if applicable). CITE RULE NUMBER AND LIST THE RULE AS CURRENTLY WRITTEN:**

*SECTION 6 Competitors and Coaches, Article 4 Event Entry Limitations*

*An athlete may not enter or compete in more than four event's total, including all individual running events, individual field events, and relay events.*

*An athlete may not enter or compete in more than three running events, including individual and relay events.*

**WORDING OF PROPOSED RULE OR RULE CHANGE:**

*Add the following sentence to this Article:*

*"During regular season meets only, the 4x400m Relay shall be exempt from this rule. The 4x400m Relay may be an athlete's 5<sup>th</sup> event or 4<sup>th</sup> running event at regular season meets."*

**REASONS FOR CHANGE, BENEFITS TO BE GAINED:**

- 1. To increase participation in the 4x400m Relay*

**IMPACT (time, cost, etc.)**

*This change should increase the number of athletes participating in the 4x400m Relay. From time to time it may result in an additional race being run and a longer meet.*

**SUBMITTING CLUB:**            **Camarillo Cosmos**

**INITIAL VOTE:**            **Yes        No**

**FINAL VOTE:**            **Yes        No**

**DISPOSITION:**

# Form for Proposed Rule Changes

10 October 2006

**TITLE OF NEW RULE:**

*Nine Athletes Per Event at Varsity Finals.*

**EXISTING RULE (if applicable). CITE RULE NUMBER AND LIST THE RULE AS CURRENTLY WRITTEN:**

*SECTION 3 League Finals, Article 2 Varsity Finals ; Various Sections*

Throughout this Article are references to the allowed or ideal number of athletes in each event being eight (8), sixteen (16) for the 100m. For instance, Section 2.18 says specifically that only eight lanes of a track shall be used, and Section 2.05 says that ribbons shall go through eighth place.

**WORDING OF PROPOSED RULE OR RULE CHANGE:**

*This proposal changes all references to eight participants in Varsity Finals events to be nine participants, eighteen for the 100m. Nine lanes will be used on the track and field events will be set up for nine athletes.*

*The wording of this proposal does not list all words, sentences, and tables the change will affect because they are too numerous for this format. Ribbons will be affected, lane assignments will be affected, seeding will be affected, . . .*

**REASONS FOR CHANGE, BENEFITS TO BE GAINED:**

- 1. To make full use of the running track facilities.*
- 2. To increase participation in the Varsity Finals*

**IMPACT (time, cost, etc.)**

*This change will affect many aspects of the Varsity Finals from preparation through participation to record keeping. Once the logistical impact becomes routine what will remain is more opportunities for athletes to participate in the Varsity Finals.*

**SUBMITTING CLUB:**        **Camarillo Cosmos**

**INITIAL VOTE:**        Yes        No

**FINAL VOTE:**        Yes        No

**DISPOSITION:**

# Form for Proposed Rule Changes

10 October 2006

**TITLE OF NEW RULE:**

*800m run , start at Varsity Finals.*

**EXISTING RULE (if applicable). CITE RULE NUMBER AND LIST THE RULE AS CURRENTLY WRITTEN:**

*SECTION 3 League Finals, Article 2 Varsity Finals, Section 2.18 Running Event Competition*

*Two tables indicate how to form the 800m as either a lane start or a waterfall start.*

**WORDING OF PROPOSED RULE OR RULE CHANGE:**

*Change the title of the lane start table to say: "800M / 800 Yard Run shall use lanes around the first curve"*

*Change this table to show up to 12 in a race, two in lane 4 , two in lane 6 , two in lane 8*

*Delete the table for 800m waterfall start.*

**REASONS FOR CHANGE, BENEFITS TO BE GAINED:**

- 1. Safety of the athletes*
- 2. To avoid confusion and debate during seeding of the Varsity Finals*

**IMPACT (time, cost, etc.)**

*This change will clarify the seeding process and provide safer races. It may prolong the Varsity Finals is additional races are needed.*

**SUBMITTING CLUB:**            **Camarillo Cosmos**

**INITIAL VOTE:**            **Yes        No**

**FINAL VOTE:**            **Yes        No**

**DISPOSITION:**

# Form for Proposed Rule Changes

10 October 2006

**TITLE OF NEW RULE:**

*Gremlin & Bantam Lane Assignments at Varsity Finals.*

**EXISTING RULE (if applicable). CITE RULE NUMBER AND LIST THE RULE AS CURRENTLY WRITTEN:**

*SECTION 3 League Finals, Article 2 Varsity Finals, Section 2.23 Lane Assignments*

*The first row of the table indicates the rule for assigning lanes for Laned-Events, except the 100m Trials, for Gremlins and Bantams. 1. Four fastest random draw for lanes 1,2,3,4 . 2. Four slowest random draw for lanes 5,6,7,8.*

*The second row of the table indicates the rule used for Midgets, Youth & Intermediate*

**WORDING OF PROPOSED RULE OR RULE CHANGE:**

*Delete the first row in the table.*

*In the second row change "Midgets, Youth, Intermediate" to be "All Age Groups"*

**REASONS FOR CHANGE, BENEFITS TO BE GAINED:**

- 1. The original reason for having two schemes has been lost to history.*
- 2. Today's computerized track meet software use the standard USAT&F lane assignment scheme.*

**IMPACT (time, cost, etc.)**

*Having the same scheme for all age groups will simplify the rules.  
There is no negative impact.*

**SUBMITTING CLUB:**            **Camarillo Cosmos**

**INITIAL VOTE:**            **Yes        No**

**FINAL VOTE:**            **Yes        No**

**DISPOSITION:**

# Form for Proposed Rule Changes

10 October 2006

**TITLE OF NEW RULE:**

*Qualification requirements for the JV Finals*

**EXISTING RULE (if applicable). CITE RULE NUMBER AND LIST THE RULE AS CURRENTLY WRITTEN:**

*SECTION 3 League Finals, Article 3 Junior Varsity Finals, Section 3. Qualification*

*The second paragraph reads:*

*An athlete must have competed in an event a minimum of two times in a regular season meet to be eligible to compete in that event in Junior Varsity Finals. This does not apply to relay events.*

**WORDING OF PROPOSED RULE OR RULE CHANGE:**

*An athlete must have competed in an event a minimum of one time in a regular season meet to be eligible to compete in that event in Junior Varsity Finals. This does not apply to relay events.*

**REASONS FOR CHANGE, BENEFITS TO BE GAINED:**

- 1. To make the rule easier to understand by athletes and their parents*
- 2. To provide opportunity for athletes*
- 3. To assure the athlete has experience in the event and a competitive mark*

**IMPACT (time, cost, etc.)**

*This change should have little impact beyond those stated above.*

**SUBMITTING CLUB:**            **Camarillo Cosmos**

**INITIAL VOTE:**            Yes            No

**FINAL VOTE:**            Yes            No

**DISPOSITION:**

# Form for Proposed Rule Changes

06 November 2007 ; 04 December 2007

**TITLE OF NEW RULE:**

*Adult Volunteer Application & Registration is Required*

**EXISTING RULE: CITE RULE NUMBER AND LIST THE RULE AS CURRENTLY WRITTEN:**

*None*

**WORDING OF PROPOSED NEW RULE:**

*There is no obvious paragraph in the rulebook to place this change, that will need to be determined at. The Adult application form should be part of the appendix along with the participant application.*

*VCYTC and its member clubs shall require that all adult volunteers who have regular contact with the children participants complete the Adult Volunteer Application.*

*VCYTC may, at its discretion, require adults to provide identity verification information.*

*VCYTC may, at its discretion, have background checks performed on adult volunteers.*

**REASONS FOR CHANGE, BENEFITS TO BE GAINED:**

- 1. VCYTC intends to provide a safe and secure recreational environment for the children who participate in the program.*
- 2. In today's youth sports programs it is common for organizations to verify the good nature of the adult volunteers by various means including detailed background checks.*

**IMPACT (time, cost, etc.)**

- 1. This change should keep VCYTC consistent with other local youth sports groups.*
- 2. This change may increase the comfort level of parents in VCYTC.*
- 3. This rule may dissuade potential troublesome adults from participation.*
- 4. This change may need to be followed by others in the future to keep VCYTC consistent with the other local sports groups.*

**SUBMITTING CLUB:**      ***Camarillo Cosmos***

**INITIAL VOTE:**      ***Yes: 8      No: 0***

**FINAL VOTE:**      ***Yes: 6      No: 0***

**DISPOSITION:** ***Implemented for season 2008***

# Form for Proposed Rule Changes

02 October 2007

**TITLE OF NEW RULE:**

*Eligibility requirements for competing in the High Jump during regular meets*

**EXISTING RULE: CITE RULE NUMBER AND LIST THE RULE AS CURRENTLY WRITTEN:**

*None*

**WORDING OF PROPOSED NEW RULE:**

*This new rule would become a new paragraph 2.02 under Article 2 High Jump of Section 8 Field Events. Increment the following paragraph numbers.*

*Eligibility During Regular Meets*

*Athletes are eligible to compete in the High Jump if and only-if the athlete has cleared the opening height in a prior practice or meet. Coaches are responsible to make this determination before the event begins.*

**REASONS FOR CHANGE, BENEFITS TO BE GAINED:**

- 1. To speed up High Jump and the entire meet by limiting the number of competitors.*
- 2. To encourage coaches to evaluate athletes during weekday practices.*

**IMPACT (time, cost, etc.)**

- 1. This change should help reduce the overall time for High Jump at regular meets.*
- 2. Some athletes may not get to High Jump during meets.*
- 3. This rule may encourage some athletes to try harder during weekday practices.*

**SUBMITTING CLUB:**      **Camarillo Cosmos**

**INITIAL VOTE:**      **Yes: 7      No: 0**

**FINAL VOTE:**      **Yes: 8      No: 0**

**DISPOSITION:** **Implemented for season 2008**